

BERITA ORTOPEDIK

SPECIAL EDITION
JULY 2024

Malaysian Orthopaedic Association Office Bearers 2024 - 2025

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LETTER FROM THE EDITOR

Theme: Introducing the MOA

Dear Esteemed Readers,

It is with great pleasure that I welcome you to this special edition of the Malaysian Berita Ortopedik, dedicated to introducing the Malaysian Orthopaedic Association Council and Staff. This issue is a tribute to the remarkable individuals and teams whose dedication and expertise form the cornerstone of our orthopaedic community.

The theme of this special edition, "Introducing the Malaysian Orthopaedic Council and Staff" underscores the importance of recognizing the contributions of those who play a pivotal role in shaping the future of orthopaedic practice in our country. From policy-making and strategic planning to clinical excellence and academic leadership, these professionals are the backbone of our community.

In this edition, we are proud to feature the profiles of the various council members, and key personnel within the Malaysian orthopaedic community. These profiles offer insights into the diverse roles and responsibilities, as well as the individuals who lead them. We hope that this special edition will not only inform and educate but also inspire a greater sense of connection and community among our readers.

Our journal is not just a repository of knowledge; it is a platform for discussion, collaboration, and growth. We encourage our readers to engage with the content, share their perspectives, and contribute to the ongoing dialogue within our professional community. Your feedback, insights, and experiences are invaluable in shaping the future directions of our journal and the field of orthopaedics.

Thank you for your continued support and readership. We look forward to your feedback and to continuing this journey of discovery and growth together.



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 Education (COE) Indonesian Orthopaedic Association
 (IOA) & Malaysian Orthopaedic Association (MOA)
 Combined Meeting



MESSAGE FROM THE MOA PRESIDENT

Dear esteemed MOA members,

It is with great pleasure and pride that we present to you the new council of Malaysian Orthopaedic Association (MOA) and our introductory edition of Berita Ortopedik for this term. As we embark on this new chapter, we reflect on the remarkable journey we have undertaken together and the milestones we have achieved.

Our society has always been a beacon of orthopaedic surgery in Malaysia, fostering a community of passionate orthopaedic surgeons dedicated to the forefront of advancing knowledge, promoting excellence and improving patient outcomes in the field of orthopaedic surgery. This year, we have seen significant strides in our endeavours, thanks to the unwavering commitment and collaborative spirit of our members.

In this edition, you will find a rich tapestry of insights, experiences, and accomplishments that exemplify the dynamic and diverse nature of our society. Each contribution is a testament to the talent and dedication that define our society.

MOA started this term with the 72nd Continuing Orthopaedic Education combined meeting with the Indonesian Orthopaedic Association (IOA) at the City of Padang, West Sumatra, Indonesia. We will also organize the Young Surgeon International Meeting (YSIM) with Société Internationale de Chirurgie Orthopédique et de Traumatologie (SICOT) in October 2024 to gather the minds of diverse and talented young orthopaedic surgeons from around the globe.

MOA will also participate in the annual Senior and Junior ASEAN Orthopaedic Association (AOA) travelling fellowship program. This year we will initiate the Asia Pacific Orthopaedic Association (APOA) - MOA Orthopaedic Faculty Travelling Program starting with the state of Sabah.

As we look to the future, let us continue to support one another, embrace new challenges, and strive for excellence in all our endeavours. Together, we can make a lasting impact and uphold the values that bind us as a society.

Thank you for your continued dedication and enthusiasm. We hope you will find this edition both enlightening and inspiring.

Warm regards, **Professor Datuk Dr Sabarul Afian Mokhtar MD, PhD**President

Malaysian Orthopaedic Association



PAST ACTIVITIES AND EXPERIENCE BY PAST PRESIDENT

I am delighted to share with you the significant progress that the Malaysian Orthopaedic Association (MOA) has made over the past year, 2023/2024. We have maintained our forward momentum and implemented several key initiatives that will benefit our fraternity.

Implementation of MOA Bylaws

A major milestone for us has been the implementation of the MOA bylaws. After extensive preparation throughout early 2023, these bylaws were officially adopted in early 2024, as announced at our Extraordinary General Meeting (EGM). These bylaws will serve as a vital framework, guiding our council in effectively managing the association.

Support for Special Interest Groups (SIGs)

We are also pleased to announce the resumption of our RM10,000 support fund for each Special Interest Group (SIG), subject to specific terms and conditions. This initiative underscores our commitment to fostering specialized knowledge and skills within our community.

Traveling Fellowships and Educational Webinars

MOA continues to invest in the professional growth of our members. We are now annually sponsoring at least seven candidates for traveling fellowships, providing valuable opportunities for international exposure and collaboration.

Our monthly educational webinars have garnered substantial support from the orthopaedic community, as evidenced by the impressive number of participants. This strong engagement reflects our dedication to knowledge dissemination and professional development.

International Collaborations

In our ongoing efforts to foster international collaboration, we successfully held our first joint meeting with the Indonesian Orthopaedic Association (IOA) in Padang, Indonesia, shortly after our 2024 Annual Scientific Meeting (ASM) in Kuantan. Additionally, we are excited to announce the commencement of our yearly APOA senior teaching program this year, further enhancing our educational initiatives.

Challenges and Future Prospects

One of our ongoing challenges is securing a permanent building for the MOA. Negotiations are currently underway, and I am hopeful that we will resolve this issue soon.

I am confident that with the progress we have made, the year 2024/2025 will be even more successful. I look forward to continuing this journey with all of you, as we strive to advance our association and the field of orthopaedics.

Thank you for your continued support.

Prof Dr Tengku Muzaffar Tengku Mohamed Si

Prof Dr Tengku Muzaffar Tengku Mohamed Shihabudin Immediate Past President MOA

2024 MOA ASM CHAIRMAN REPORT

Written by: **Dr Gandhi Nathan Solayar**

The Malaysian Orthopaedic Association's 53rd Annual Scientific Meeting (MOA ASM 2024) took place from May 23-25, 2024, in the picture sque east coast city of Kuantan, Pahang. The event, held at the Sultan Ahmad Shah International Convention Centre, gathered orthopaedic surgeons and medical professionals from various subspecialties, fostering collaboration and knowledge exchange within the field of Orthopaedic surgery in the country.

I was initially assigned this task by the MOA president, Prof Tengku Muzaffar in early August 2023. Together with the tireless Scientific Chairman (Assoc. Prof Fadzli Sulong) and the MOA council, the scientific committee was formed consisting of Assoc Prof Dr Ardilla Hanim Abdul Razak, Dr Kamarul Al-Haqq Abdul Ghani, Dr Marazuki Haji Perwira, Dr Mohd Hadizie Din, Mr Mohd Zikri Zainal, Assoc Prof Dr Muhammad Kamal Muhammad Abdul Jamil, Pn Nur Hashimah Mohd Noriden and Dr Shams Amir Shamsul Bahar. We agreed on a theme focusing on trauma surgery and proceeded with our task on hand. It was a pleasure to work with a great team such as the mentioned above and we would meet regularly at monthly meetings till the eve of the event.

The meeting featured a series of keynote lectures delivered by

renowned local and international experts. Topics ranged from research cutting-edge orthopaedics to advancements in trauma care. The symposia provided deep dives into specific areas such as joint replacement, spinal surgery, and sports medicine, offering attendees a understanding comprehensive of current trends and future directions in orthopaedics. A variety of workshops were organized (including 3D printing, Wound Care & Hygiene and Personalized Revision allowing participants to engage in hands-on learning experiences. The practical approach of these workshops was particularly beneficial for younger surgeons, providing them with valuable skills and knowledge to enhance their clinical practice.

The event facilitated numerous networking opportunities, including social events, dinners, and informal gatherings. These interactions allowed participants to build professional relationships, exchange ideas, and discuss potential collaborations. notable activity was the fellowship ride, where over 40 MOA cycling enthusiasts among the delegates enjoyed a scenic ride around Kuantan, blending fitness with camaraderie.

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The meeting also included sessions for presenting research findings, with awards given for the best papers and presentations (Mahmood Merican, Subir Sengupta, P. Balasubramaniam). This segment of the event encouraged participants showcase their research, promoting a culture of academic excellence and innovation. The guizzes and interactive sessions were designed to test knowledge and stimulate lively discussions, further enriching the educational experience.

Event Highlights Day 1

Prof Tengku Muzaffar and I welcomed the attendees with a message emphasizing the theme of the event, "Leading Malaysian Orthopaedics into the Future." The meeting highlighted the importance of professional growth, sharing experiences, and embracing new advancements in orthopaedic care. We welcomed new Orthopaedic Master's graduates for the year to date with an induction ceremony which provides for annual membership with MOA together with society paraphernalia (broaches & ties). The plenary lecture was given by our guest speaker Dr Kelly Vince from New Zealand focusing on bailout surgery in severe knee trauma which was enthusiastically attended.



The afternoon featured the official launching of the Clinical Practice Guidelines on Hip Fractures which was officiated by Dato' Dr Mohd Azman Yacob (Director of Medical Development at the Ministry of Health Malaysia) and attended by national delegates from multiple medical specialities. This was followed by Updates on the proposed Orthopaedic Sub-Speciality NSR forum where views of the panellists and members of the audience were discussed.

Day 2

The day started early with a session on entrepreneurship and it was great to hear from Dr Mohd Adham Shah Ayeop and Dr Hyzan Mohd Yusof on their experiences

of running a successful business while performing the duties of an orthopaedic surgeon. We were grateful to Dr Eddie Soo (past MOA president) who organized the medico-legal session with a lawyer and gave his experience in dealing with medico-legal cases over the past 40 years in Malaysia and abroad. The muchanticipated MOA Quiz followed with the large hall filled to the brim with supporters for the 21 teams across the country and our hosts Dr Fauziana Abd Jabar and Dr Muhamad Syafiz Ahmad Ismani kept everyone entertained as well as informed

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(I now know the significance of Ikan Patin for Pahang (20). A serious session on the fee schedule followed and while no significant updates were at hand, I was grateful to Dr Harshinderjeet Singh (Fee Schedule / Medical Reimbursement KKM) for his candid answers and his willingness to participate knowing the potential hostile faces he might face. After Friday prayers, the MOA Annual General Meeting commenced and the following voting by members present, the new MOA 2024/2025 council were elected. The day ended with the President's Dinner at the Hyatt Regency Resort in Kuantan which was memorable as the initial outdoor venue had to be cancelled at the last minute and we were squeezed into a small room for our dinner guests.

Day 3

The last day of the meeting focused on (as per tradition) education of the master's trainees. The plenary on Orthopaedic training was delivered by Prof Fadzli Sulong followed by education sessions and concurrent lightning presentations at the exhibitor's hall. The highlight of the day was the finals of the MOA President's cup which was won by IIUM and prizes for this year sponsored by Prof Dato' Tengku Sara and



Dr. Abdul Malik. The meeting ended after the closing ceremony and speech by the current MOA president, Prof Datuk Dr Sabarul Afian Mokhtar, welcoming everyone to the next MOA ASM to be held in Kuala Lumpur in 2025.

As I reflect on the recently concluded 53rd MOA ASM 2024 in Kuantan, I believe it successfully achieved its goal of uniting orthopaedic professionals

to share knowledge, foster collaboration, and advance the field. The combination of expert lectures, practical workshops, and vibrant networking activities made it a memorable and impactful event. We the organizers, express our gratitude to all participants and look forward to continuing the tradition of excellence in future meetings.

MALAYSIAN ORTHOPAEDIC ASSOCIATION OFFICE BEARERS 2024 - 2025



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IKIGAI...

~ Professor Datuk Dr Sabarul Afian Mokhtar ~

President, MOA 2024/2025

- Senior Lecturer / Senior Consultant Orthopaedic Surgeon (Spine Surgery), Faculty of Medicine, Hospital Canselor Tuanku Muhriz (UKM)
- Past President, Malaysia Spine Society 2017/2019



"

Stoicism. Only worry about things within your control. For the rest, they can go fly kites.

~ Dr Gandhi Nathan Solayar ~

President Elect, MOA 2024/2025

- Consultant Orthopaedic Surgeon in Ara Damansara Medical College and the Orthopaedic Specialist Centre (OSC)
- Examiner for the International Society of Orthopaedics & Traumatology (SICOT) and the Royal College of Surgeons in Ireland (RCSI)



"

As orthopaedic professionals, we should come together, complement each other's skills, and function collectively as a team.

~ Professor Dr Tengku Muzaffar Tengku Mohamed Shihabudin ~

Past President, MOA 2024/2025

 Senior Lecturer and Senior Consultant Orthopaedic Surgeon (Sports Surgery), School of Medical Sciences, Universiti Sains Malaysia



"

Felt honoured and humbled to be chosen to represent the council this term. I am dedicated to making a meaningful impact as one of the members of the council. Let's work together with commitment to strengthen our orthopaedic community.

~ Associate Professor Dr Muhammad Kamal Muhammad Abdul Jamil ~

Honorary Secretary, MOA 2024/2025

- Lecturer and Consultant Orthopaedic Surgeon (Paediatrics),
 Faculty of Medicine, Hospital Canselor Tuanku Muhriz (UKM)
- President, Paediatric Orthopaedic Society Malaysia

MALAYSIAN ORTHOPAEDIC ASSOCIATION OFFICE BEARERS 2024 - 2025



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The love of money is the root of all evil.

~ Dr Timothy Cheng Tsin Jien ~

Honorary Treasurer, MOA 2024/2025

- Orthopaedic Surgeon, Ministry of Health
- Vice Chair for MMA SCHOMOS (Malaysian Medical Association Section Concerning House Officers, Medical Officers, and Specialists) and President of Persatuan Ortopedik Sandakan



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Stating the obvious in 2024: Everyone in orthopaedics deserves the right to respect, a safe working environment, and the opportunity to succeed.

~ Dr Sarah Sheena Toyat ~

Council Member, MOA 2024/2025

• Orthopaedic Surgeon, Ministry of Health



"

I am grateful for the opportunity to be elected as a council member and am eager to contribute to our society. This role represents not only a responsibility but also a chance to make a positive impact on those around me. I look forward to collaborate with fellow members to address issues that matter most.

~ Dr Rizal Abdul Rani ~

Council Member, MOA 2024/2025

Lecturer and Consultant Orthopaedic Surgeon (Arthroplasty),
 Faculty of Medicine, Hospital Canselor Tuanku Muhriz (UKM)



66

"Community is much more than belonging to something; it's about doing something together that makes belonging matter. Let us work together, towards the progress of Orthopaedics in Malaysia"

~ Dr Michelle Lim Chia Hua ~

Editorial Secretory, MOA 2024/2025

 Lecturer and Orthopaedic Surgeon (Hand & Micro), Faculty of Medicine, Hospital Canselor Tuanku Muhriz (UKM)

MALAYSIAN ORTHOPAEDIC ASSOCIATION STAFF BIOGRAPHY



Ms. Uma Sundaram Executive Secretary

Ms. Uma serves as the Executive Secretary of Malaysian Orthopaedic Association, where she plays a pivotal role in ensuring the smooth operation and effective administration within the organization. She typically manages administrative tasks such as scheduling meetings, maintaining records and handling correspondence. Additionally, she assists in drafting reports, preparing agendas for board meetings, minutes meeting, scheduling meetings, and managing communication between members. She also provides leadership, motivation, direction and support to the MOA staffs.

Ms. Uma brings 13 years of experience in administration and is committed to delivering high-quality administrative support. Her responsibilities often extend to overseeing office operations, effectively managing executive calendars, coordinates meetings and handles confidential correspondence with professionalism and discretion.



Mr. Muhammad Zulfarhan *General Administrative Assistant*

Mr. Muhammad Zulfarhan began his journey with Malaysian Orthopaedic Association since 2013 serves as the Dispatch cum General Administrative Assistant of Malaysian Orthopaedic Association, where he ensures smooth operations and effective communication within the members of the organization for membership enquiries. His responsibilities typically include managing dispatch activities, ensuring timely delivery, maintaining inventory records and responsible for membership management.

Additionally, he oversees the logistics of webinars, from scheduling and coordinating with speakers and moderators to managing technical aspects like webinar platforms and ensuring a seamless attendee experience.



Ms. Farah Idris
Account Officer

Ms. Farah Idris is an accomplished Account Officer with 8 years of experience in financial management and administration within the Society. Currently serving as the Account Officer for Malaysian Orthopaedic Association, she plays a pivotal role in overseeing financial operations, budgeting, and compliance activities tailored to the unique needs of the associations. She collaborates closely with the Hon. Treasurer to maintain fiscal transparency of the accounts.

She holds a Bachelor's Degree in Business Management, major in Finance from Universiti Selangor, combining academic knowledge with practical experience to effectively manage the financial complexities of Malaysian Orthopaedic Association. She is dedicated to contributing to the success and sustainability of the association through sound financial stewardship and collaborative leadership.



Ms. Ain Syuhada Kalip Malaysian Orthopaedic Journal (MOJ) Editorial Secretary

Ms. Ain Syuhada serves as the Editorial Secretary for the Malaysian Orthopaedic Journal (MOJ), where she plays a pivotal role in managing the editorial process and facilitating communication between authors, reviewers, and the editorial board for over 7 years. Born and raised in Selangor, Ain pursued her Bachelor's degree at Universiti Teknologi MARA (UiTM). Her meticulous attention to details and organizational skills have been instrumental within the MOJ team, ensuring efficient processes of submissions and meeting deadlines.

Her commitment to upholding rigorous editorial standards has significantly enhanced the journal's reputation for quality and integrity in the field of orthopaedics. She continues to refine her skills in editorial management and remains enthusiastic about contributing to the advancement of orthopaedic research through her ongoing role at MOJ.



THE HISTORY OF THE MALAYSIAN ORTHOPAEDIC ASSOCIATION

Written by: Dr Michelle Lim Chia Hua

The Malaysian Orthopaedic Association (MOA) has a storied history that reflects the growth and development of Orthopaedic medicine in Malaysia. Established to advance the field of orthopaedics and enhance the quality of care for patients, the MOA has played a pivotal role in shaping orthopaedic practice education in the country. Since its inception, the MOA has been instrumental in promoting the advancement of orthopaedic surgery and improving the quality of musculoskeletal healthcare in the country.

Early Beginnings

The roots of the Malaysian Orthopaedic Association can be traced back to the early 1960s when the need for a formal organization to represent orthopaedic surgeons promote the specialty became evident. In response to the growing need for specialized in musculoskeletal care disorders, a group of visionaries and dedicated orthopaedic surgeons came together to form the MOA, with the primary objectives of fostering professional development, facilitating the exchange of knowledge, and advocating for the interests of orthopaedic practitioners.

Founding

The MOA was officially founded on May 15, 1967, marking a significant milestone in the history of Malaysian medicine. The formation of the MOA was spearheaded by Dr. Abdul Majid Ismail, the association's first president, along with a group of pioneering orthopaedic surgeons including Dr. Selvakumar, Dr. M Sivananthan, Dr. Kannan Kutty, Dr. Pretam

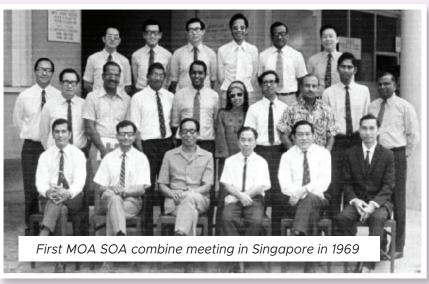
Singh, and others. Their efforts laid the groundwork for the association's future endeavours and set high standards for orthopaedic practice in the country. The first significant event organized by the MOA was the Malaysian Orthopaedic Congress in 1968, attended delegates by sixty from various countries. This was quickly followed by the first Malaysian-Singapore combined orthopaedic meeting in 1969 held in Singapore.

Growth and Development

In 1973, the MOA took on the responsibility of hosting the 4th Congress of the Western Pacific Orthopaedic Association (WPOA) in Kuala Lumpur, further establishing its presence on the international stage. The 1980s marked a period of expansion and increasing influence for the MOA. In 1984, the ASEAN Orthopaedic Association (AOA) was established, and the MOA hosted the 4th AOA Congress in 1987, showcasing its growing

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role in regional orthopaedic medicine.

1990s saw the MOA The extending its reach beyond Kuala Lumpur. Recognizing the benefits of combining scientific meetings with leisure, the association started organizing annual meetings in different locations across Malaysia. The 1995 meeting in Langkawi Island was particularly successful. setting a precedent for future events held outside the capital.

Educational and Professional Development

One of the key priorities of the MOA has always been education and professional development. The association organized regular scientific meetings. workshops, and conferences to provide a platform for orthopaedic surgeons to share their experiences and learn from one another. These events often featured renowned international experts, allowing Malaysian orthopaedic surgeons to learn from global leaders in orthopaedic surgery.

Advocacy and Standards

The MOA has played a crucial role in advocating for the interests of orthopaedic professionals and patients. Working closely with the Malaysian Ministry of Health and other regulatory bodies, the association has contributed to the development of policies and guidelines that ensure high standards of care. The MOA's advocacy efforts have helped to standardize orthopaedic practices across the country, ensuring that patients receive consistent and high-quality treatment.

Research and Innovation

Over the years, research has always been a cornerstone of the MOA's mission. To foster research, the MOA published the first orthopaedic supplement of the Medical Journal of Malaysia in 2007. A research committee was formed to provide technical

and financial support research projects. Prof lead bv Azlina Abbas, particularly benefitting Banda Aceh and Sri Lanka. members not attached to teaching institutions.

Expansion and Specialization

As the field of orthopaedics has expanded, so too has the MOA. The association has embraced the growth of subspecialties within orthopaedics, including pediatric orthopaedics, sports medicine, trauma surgery, and joint replacement. By catering to these diverse areas, the MOA has ensured that its members can provide comprehensive care to patients with a wide range of orthopaedic conditions.

Community Outreach and Public Education

In addition to its professional activities, the MOA has been active in community outreach and public education. association initiated has campaigns to raise awareness about musculoskeletal health, emphasizing the importance of early diagnosis and treatment. These efforts have not only educated the public but also reduced the stigma associated with orthopaedic conditions, encouraging more people to seek appropriate medical care. In response to the 2004 tsunami disaster, the association formed medical relief committee,

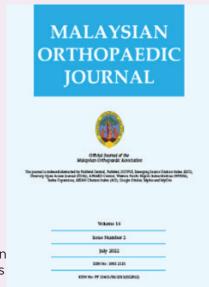
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for coordinating the delivery of over currently USD 300,000 worth of medical Amir supplies to affected areas in

Looking Forward

Today, the Malaysian Orthopaedic Association stands as a testament to the dedication and hard work of founding members and generations subsequent orthopaedic surgeons. As it continues to grow and evolve, the MOA remains committed to its mission of advancing orthopaedic care, education, and research in Malaysia. The MOA continues to grow, with a current membership of around 800 orthopaedic surgeons. The association hosts its Annual Scientific Meeting (ASM), which in recent years has seen record attendance. The 53nd ASM in 2024, for example, drew over 1,906 delegates from 18 countries. emphasizing the MOA's significant role in the global orthopaedic community.

In conclusion, the history of Malaysian Orthopaedic Association is a story of progress, dedication. and unwavering commitment to improving musculoskeletal health. From its humble beginnings to its current status as a leading professional organization, the MOA has made significant contributions to the field of orthopaedics in Malaysia.



EDUCATIONAL WEBINARS

Written by: **Dr Rizal Abdul Rani**

Starting July, a new cycle of MOA webinars will begin again starting with #23 on July 20th. We hope this new cycle of webinars would be able to cater to the wide range of MOA members; from trainees, young, not so young and senior surgeons and those in public, private and academic sectors. The overall aim of these webinars is not only to enhance clinical knowledge but to also talk about ethical, regulatory, educational, and societal issues that are relevant to Orthopaedic surgeon.

The education webinar on July 20th will focus on postgraduate Orthopaedic training. The speakers will consist of the Chair of the Orthopaedic Specialty Committee (OSC), Orthopaedic representative from Ministry of Health (MOH) and members of the Selection for Postgraduate Orthopaedic Training (SPOT) committee: these are individuals who are directly involved in coordinating and organizing the exams. This session will be an eye opener for those who want to gain more insights into what takes place in our training programme. Individuals who are considering a career in Orthopaedics in Malaysia and those who will be taking the SPOT examination should not miss this session as well to get an overview of our Orthopaedic training programme and exam format. Make full use of the Q&A session to clear any doubt about the

On 3rd August, webinar #24, in lieu with World Humanitarian Aid Day on August 19th, will highlight the role of our Malaysian doctors in tackling global health crises. Learn firsthand and gain insights from our own experienced volunteers working in natural and manmade conflicts. Prof. Faisham and Mr. Kamarul Hagg will talk about their experiences in the current conflict in Gaza and the protracted war in Afghanistan respectively while Assoc. Prof. Nor Hazla will talk about her experience in Ormoc, Philippines where super typhoon Haiyan, one of the most powerful tropical cyclones ever recorded had wrecked the city.

Also come listen to Dr. Shahridan Mohd Fathil, a consultant anaesthesiologist who will talk about his preparation and experience going to an active war zone. Find out if you have what it takes and how you can be a part of this elite group.

We hope that these sessions will not only provide valuable learning opportunities but also foster a community of collaboration and knowledge-sharing among professionals. Stay tuned for other interesting topics and issues we have lined up over the next 12 months and do let us know if you have any subject that you would like us to explore further.





POSTGRADUATE TRAINING IN MALAYSIA

SAT • 20 JULY 2024 • 2:00PM - 4:30PM



DR. IMMA ISNIZA
ISMAIL
(SPOT COMMITTEE)

DR. NORSAIDATUL NADRIAH AHMAD SHUHIAMY (SPOT COMMITTEE) DR. KAMARIAH NOR MOHD DAUD (DEPUTY HEAD OF ORTHOPAEDIC SERVICE, MOH) DR. MOHD FAIRUZ SUHAIMI (SPOT COMMITTEE) DR. FAHRUDIN CHE HAMZAH (OSC CHAIRMAN) PROF. DR. AMRAN AHMED SHOKRI (OSC MEMBER / EX OSC CHAIRMAN) MODERATOR

2.00 - 2.25 | National Orthopaedic Curriculum | Dr Fahrudin

2.25 - 2.50 | Selection for PG Training: What is it? | Dr Imma Isniza

2.50 - 3.15 | MedEx | Dr Norsaidatul Nadriah

3.15 - 3.40 | SPOT Selection Stage - OSCE, SVVE and MMI | Dr Mohd Fairuz

3.40 - 4.05 PG Orthopaedic Training: MOH Perspective | Dr Kamariah Nor

4.05 - 4.30 | Q & A Session







The 72nd Continuing Orthopaedic Education (COE) – Indonesian Orthopaedic Association (IOA) & Malaysian Orthopaedic Association (MOA) Combined Meeting

Padang, West Sumatra, 29 May - 01 June 2024

Written by: Prof Datuk Dr Sabarul Afian Mokhtar

Introduction

Continuing Orthopaedic Education (COE) is held twice a year at different parts of Indonesia by highlighting different themes. On this occasion, the 72nd COE -IOA combined meeting of Orthopaedic Indonesian Association (IOA) and Malaysian Orthopaedic Association (MOA) was hosted in the culinary city of Padang. The theme for our meeting is Challenges in Managing Complex Neglected Orthopaedic Cases: Optimizing Resources in the Developing Countries.

The collaboration started with my discussion with IOA President, Prof. Ismail while attending the Australian Orthopaedic Association(AOA) meeting in November 2023 at Melbourne. The theme of the meeting was "Rural surgery –

Build It and They Will Come". Despite just concluding our MOA ASM just a few days before this, we upheld our commitment to be there.

The event began with the opening ceremony highlighting fascinating the Minangkabau culture. The President (Professor Ismail), Organizing Chairman (Professor Hermansyah) and me was dressed up in the traditional head gear Saluak and Minangkabau sampin. A colourful and vibrant traditional Minangkabau performance accompany by the beating of the Caklempung (a set of small kettle gongs).

The Topics Presented

Plenary Lecture:

1. Current Condition Of Neglected Orthopaedic Cases In Malaysia

Professor Datuk Dr Sabarul A. Mokhtar

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Plenary discussions also current status of neglected orthoapedics cases in both Malaysia and Indonesia. The importance of influencing policy changes by promoting better communication infrastructures, awareness and healthcare services in remote areas.

Lectures:

- 1. Perioperative Patient
 Blood Managemen in Major
 Orthopaedic Surgery
 Mr Abdul Muttalib
- 2. Perioperative Patient Blood Management in Major Orthopaedic Surgery Prof Dr Sharaf Ibrahim
- 3. How To Deal With Critical Bone Defect

Prof Dr Wan Faisham Nu'Man

4. Optimizing Outcome In Polytrauma Cases: Multidiscplinary And Timing Mr Basir Towil

- 5. Disaster Management From Orthopaedic Perspective

 Dr Kamarul Al-Haga
- 6. Osteogenesis Imperfecta,
 Challenging Surgical
 Management And Medical
 Therapies

Prof Dr Abdul Razak Sulaiman

7. Complex Oncology CasesProf Dr Wan Faisham Nu'Man

The plenary sessions and lectures covered all pillars of neglected orthopaedics issues. Speakers shared their practices regarding pre-operative assessment and preparation,

surgical approaches, rehabilitation strategies, medication recommendations, and preventive measures.

Panel Discussions:

- MBD of the Spine and Sacral Tumours
 Professor Datuk Dr. Sabarul A. Mokhtar
- 2. Management of Adolescent DDH

Prof Dr. Sharaf Ibrahim

3. Pelvic Acetabular Sacral Fracture in Peripheral Setting

Dr. Kamarul Al-Haqq

4. Lower Limbs - Neglected and Complex Cases Management: Peripheral Experience

Mr. Basir Towil

- 5. Upper Extremity Trauma
 Neglected and Complex
 Cases Management:
 Peripheral Experience
 Mr. Abdul Muttalib
- **6. Neglected Sport Cases**Datuk Dr. Mohd Asri Abd

 Ghapar

Throughout the meeting, attendees enjoyed good food and, more importantly, a comprehensive programme highlighting the principles of treating neglected orthopaedic cases and most importantly avoiding such conditions. Time was also allocated for delegates involved oral, in poster presentations and booths visit.

Congratulations to IOA especially to Prof Ismail (IOA President) and Prof Hermansyah (Organising Chairman) for successfully hosting the 72nd COE and paving the way for continued collaboration and advancements in orthopaedic care within the region.









Connexion Conference & Event Center 5TH - 6TH OCTOBER 2024

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Submit articles to us that fall under any of the following categories in relevance to the local orthopaedic surgery scene:



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Historical Events



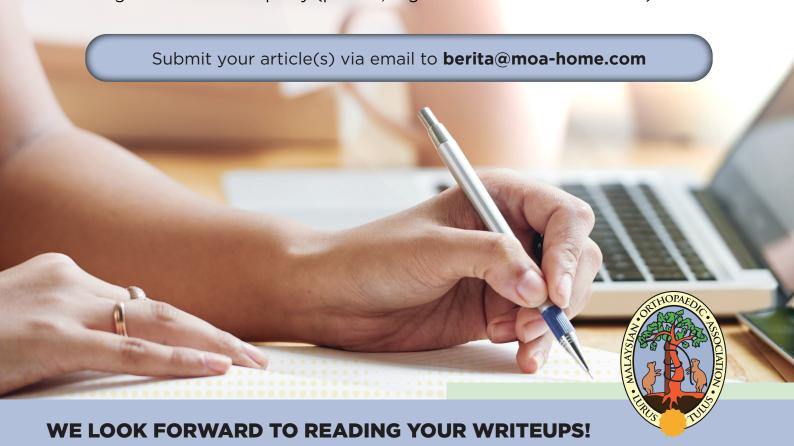
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Any other topic related to the practice of orthopaedic surgery

ARTICLE REQUIREMENTS:

- Submit your articles in **Word Document (.docx)** format.
- Articles should be within 500 to 1,000 words in length. Do note that if selected, the format of your article may be amended to suit the newsletter layout.
- Submission of supporting photos or images in JPEG or PNG format are encouraged. Images submitted should be of high resolution (1MB and above) to ensure the images are not pixelated in reproduction.
- Include references of source materials should you cite information or use images from another party (person, organization or online website).







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