

Registration Form

Registration Fee **RM 300**

Name _____

Hospital _____

Tel _____

Fax _____

Mobile _____

Email _____

Payment

1. Payment by cheque:

Enclose my Cheque No. _____ for RM _____

Issued in favour of **YAYASAN ORTOPEDIK**

2. Bank transfer to:

Name of Account: **YAYASAN ORTOPEDIK**

Name of Bank: **Maybank Islamic**

Account Number: **5-64351504180**

Please send Registration Form with proof of payment/cheque to:

Norazizah Awang / Raja Noorazura
NOCERAL, Department of Orthopaedic Surgery
Faculty of Medicine, University of Malaya
50603 Kuala Lumpur, Malaysia
Tel: 03-79492061
Email: norazizah@ummc.edu.my

Spine Instructional Course 2015

Date: 4th ~5th April 2015



**Venue: Auditorium
13th Floor, Menara Selatan
University Malaya Medical Center**





Welcoming Message

It is our greatest pleasure to welcome you to this Spine Instructional Course. This course is designed for orthopaedic trainees who are at their final stages of preparation for the Conjoint Board Examination in Orthopaedics exit exam. The topics covered during this course are basic and essential spine topics, not only for the exam, but for future general orthopaedic practice as well. We have decided to dedicate a day for clinical case examination because throughout the years of examining students, we often find students struggling during their clinical examination for spine cases and with this addition, we hope that it will truly benefit you. During these two days, our hope is for you to gain invaluable knowledge, idea and concept especially in handling spine conditions and cases, and this will also serve as a platform for you to interact with examiners of the Conjoint Board Examiners and clarify any doubts you have encountered during your preparation. Good Luck!

Assoc Prof Dr Kwan Mun Keong
Organising Chairman

Day 1: Lectures (4th April 2015)

0730-0750	Registration
0750-0755	Welcoming speech of Organising Chairman
0755-0800	Welcoming speech of Dean of Faculty of Medicine, University Malaya

Module 1: Clinical approaches to common presentation/ symptom

0800-0830	Approach to patients with ' Back Pain ' <i>A/Prof Kwan Mun Keong</i>
0830-0900	Approach to patients with ' Sciatica ' i.e. nerve root compression (LCS) <i>Dr. Chiu Chee Kidd</i>
0900-0930	Approach to the patient with ' Cervical Radicular Pain ' (LCS) <i>Dr. Lee Chee Kean</i>
0930-1000	Approach to the patient with Unsteady Gait i.e. Myelopathy (CCS) <i>Dr. Chiu Chee Kidd</i>

1000-1030 **Tea Break**

Module 2: Updates on Important 'Dangerous' Spine Conditions

1030-1100	Spinal Tumours and its management - current concept <i>A/Prof Kwan Mun Keong</i>
1100-1130	Spinal Infections and its management - current concept <i>A/Prof Chris Chan Yin Wei</i>
1130-1200	Update on management of Disc Herniation / Prolapsed Disc <i>A/Prof Chris Chan Yin Wei</i>
1200-1230	Diagnosis and management of Scoliosis - current concept <i>A/Prof Kwan Mun Keong</i>

1230-1430 **Lunch Symposium – Acute Low Back Pain – Neuropathic, Nociceptive or Both?**
Dr Ozlan Izma Muhamed Kamil

1430-1500	Osteoporotic Vertebral Fractures and management - current concept <i>A/Prof Kwan Mun Keong</i>
1530-1600	Cervical Spondylotic Myelopathy - current concept <i>Dr. Lee Chee Kean</i>

Module 3: Imaging in Spine - Simple Approach

1630-1700	ABCs of plain radiographic interpretation <i>A/Prof Chris Chan Yin Wei</i>
1700-1730	ABCs of MRI interpretation in spinal conditions <i>A/Prof Kwan Mun Keong</i>

Day 2: Clinical case examination and discussion (5th April 2015)

Clinical Instructors:

A/ Prof Kwan Mun Keong & A/Prof Chris Chan Yin Wei

0800-0900	Case 1: Lumbar radiculopathy (LCS Lumbar)
0900-1000	Case 2: Lumbar Spinal Stenosis (CCS and/or LCS Lumbar)
1000-1100	Case 3: Cervical Radiculopathy (LCS Cervical)
1100-1200	Case 4: Cervical Spondylotic Myelopathy (CCS Cervical)

1200-1330 **Lunch Symposium – Breakthrough in Pain Management Strategies**
Dr. Yeo Sow Nam

1300-1430	Case 5: Thoracic Myelopathy (CCS Thoracic)
1430-1530	Case 6: Thoracic Radiculopathy (LCS Thoracic)
1530-1630	Case 7: Spine deformities 7
1630-1700	Closing ceremony

**LCS -lateral canal stenosis & CCS -central canal stenosis*