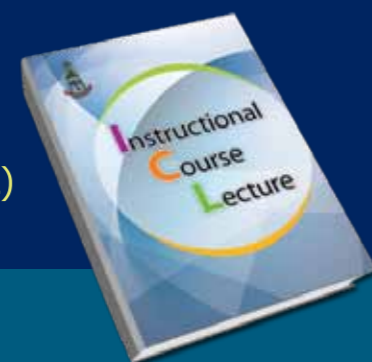


**Special:**  
 Receive RCOST Instructional Course Lecture (RCOST ICL)  
 A 250-page textbook upon registration



**Scientific Programs:**

- Plenary lectures
- Specialty lectures
- Symposia and Debate
- Oral and Poster Presentations
- Electronics and Video Presentations
- Workshops
- Instructional Course Lectures

**Technical Exhibition:**

A technical exhibition will be held in conjunction with the meeting at PEACH Hall B, C and D. It is open to medical and surgical manufacturers, pharmaceutical companies, scientific book-sellers and any products. All enquiries regarding participation in the exhibition should be directed to the Trade Exhibition and Promotion committee.

**Topics of Scientific Presentation**

- Update your orthopaedic knowledge
- For General orthopaedic surgeons: what must know & should know
- For Specialists: advances in subspecialty
  - Adult Reconstructive Surgery
  - Basic Science in Orthopaedic Surgery
  - Foot and Ankle
  - Hand and Reconstructive Microsurgery
  - Metabolic Bone Diseases
  - Musculoskeletal Oncology
  - Pediatric
  - Research Methodology
  - Spine
  - Sports Medicine
  - Trauma

CALL for ABSTRACTS  
 Deadline for submission is July 31, 2015.  
 Go to <http://www.rcost.or.th/meeting2015/> for full details.

**Important Date**

- Deadline for Early Bird Registration July 31, 2015
- Deadline for Abstracts Submission July 31, 2015
- Deadline for Hotel Reservation August 31, 2015

**Registration Fee**

	Before July 31, 2015	After July 31, 2015	Onsite
Orthopaedic Surgeon	300 US\$	350 US\$	400 US\$
Resident	200 US\$	200 US\$	200 US\$
Exhibitor	80 US\$	80 US\$	80 US\$

More information & online registration at <http://www.rcost.or.th/meeting2015/>

**Organizing Committee**

Overall Chairman	Sukit Saengnipanthkul, MD.
Vice Chairmen	Manoj Chantarasorn, MD. Kanyika Chamniprasas, MD. Banchong Mahaisavariya, MD. Pornchai Mulpruek, MD. Werayudth Chaopricha, MD. Warat Tassanawipas, MD. Pijaya Nagavajara, MD. Wanchai Sirisereewan, MD. Kitiwan Vipulakorn, MD. Vera Sathira-angkura, MD. Chanyut Suphachattwong, MD. Aree Tanavalee, MD.
Chairman of Organizing Committee	Aree Tanavalee, MD.
Sponsorship & Exhibition	Pornpavit Sriphirom, MD.
Treasurer	Thammanoon Srisaarn, MD.
Secretary General	Charlee Sumettavanich, MD.
Congress Facilities	Theerachai Apivatthakakul, MD.
Sports & Recreation	Somkid Lertsinudom, MD.
Scientific Program	Thipachart Punyaratabandhu, MD.
Social Events	Thana Turajane, MD.
Accommodation	Surapoj Meknavin, MD.
Publication & Website	Satit Thiengwittayaporn, MD.
Promotion & Publicity	Srihatach Ngarmukos, MD.
Transportation	Siwadol Wongsak, MD.

**Contact Us:**

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**Harmony of ASEAN  
 Orthopaedics**

**The 37<sup>th</sup> Annual Meeting of the  
 Royal College of Orthopaedic  
 Surgeons of Thailand (RCOST)**

22-24 October 2015

Pattaya Exhibition and Convention Hall (PEACH),  
 Royal Cliff Beach Resort, Pattaya, Thailand

# Program RCOST 2015

Oct 22, 2015

TIME	HALL A1 RCOST ICL	TIME	HALL A2 RCOST ICL	TIME	HALL A3 Harmony of ASEAN Orthopaedics
09:00-10:30	Trauma	09:00-10:30	Sports Medicine	09:00-10:30	Best practice and nation experience Cambodia Laos Myanmar Vietnam
10:30-11:00	Coffee Break	10:30-11:00	Coffee Break	10:30-11:00	Coffee Break
11:00-12:30	Arthroplasty	11:00-12:30	Spine	11:00-12:30	Best practice and nation experience Indonesia Malaysia Phillippines Singapore Thailand
12:30-13:30	Lunch	12:30-13:30	Lunch	12:30-13:30	Lunch
13:30-14:30	Musculoskeletal Oncology	13:30-14:30	Metabolic	13:30-14:30	
14:30-15:30	Foot & Ankle	14:30-15:30		14:30-15:30	
15:30-16:00	Coffee Break		Coffee Break		Coffee Break
16:30-18:00	Opening Ceremony				
18:30-20:00	Welcome reception				

Oct 23, 2015

TIME	HALL A1 Thai Session: Should Know	TIME	HALL A2 Keynote Lectures	TIME	HALL A3 Symposium	TIME	Room 1
08:30-10:30	RCOST Symposium I	08:30-10:30	Hip & Knee Free Paper : Hip & Knee	08:30-10:30	Symposium I	08:30-10:30	Resident Paper Contest I
10:30-11:00	Coffee Break	10:30-11:00	Coffee Break	10:30-11:30	Coffee Break	10:30-11:30	Coffee Break
11:00-12:00	RCOST Symposium II	11:00-12:00	Spine Free Paper: Spine	11:00-12:00	Symposium II	11:00-12:00	Resident Paper Contest II
12:00-13:00	Lunch	12:00-13:00	Lunch	12:00-13:00	Lunch		
13:00-14:30	RCOST Symposium III	13:00-14:30	Free Paper	13:00-14:30	Symposium III		
14:30-15:00	Coffee Break	14:30-15:00	Coffee Break	14:30-15:00	Coffee Break		
15:00-16:30	RCOST Symposium IV	15:00-16:30	Free Paper	15:00-16:30	Symposium IV		
18:00-22:00	Alumni						

Oct 24, 2015

TIME	HALL A1 Specialty Day	TIME	HALL A2 Specialty Day	TIME	HALL A3 Specialty Day
09:00-12:00	Hip & Knee	09:00-12:00	Spine	09:00-12:00	Sports Medicine
12:00-13:00	Lunch	12:00-13:00	Lunch	12:00-13:00	Lunch
13:00-16:30	Hip & Knee	13:00-16:30	Spine	13:00-16:30	Pediatric

Oct 24, 2015

TIME	ROOM 1 Specialty Day	TIME	ROOM 2 Specialty Day	TIME	ROOM 3 Specialty Day
09:00-12:00	Musculoskeletal Oncology	09:00-12:00	Hand	09:00-12:00	Metabolic
12:00-13:00	Lunch	12:00-13:00	Lunch	12:00-13:00	Lunch
13:00-16:30	Pediatric	13:00-16:30	Hand	13:00-16:30	Foot & Ankle
18:00-22:00	Congress Dinner				



37<sup>th</sup> RCOST, Thailand

Pattaya, Thailand



Dear Friends and Colleagues

Dear all,

It is my great privilege and pleasure to welcome you all to participate in the 37<sup>th</sup> Annual Meeting of the Royal College of Orthopaedic Surgeons of Thailand (RCOST) to be held on October 22-24, 2015 under the theme "Harmony of ASEAN Orthopaedics".

By the end of the year 2015, all the ASEAN countries will become one ASEAN Economic Community (AEC). The alliance is set to begin with the promise of "a region with free movement of goods, services, investment, skilled labor, and a freer flow of capital." Absolutely, the healthcare is one of the four AEC priority service sectors. I believe, everyone in the healthcare community is aware, that Asia is moving forwards in the world of medical services.

With this fact, the RCOST is planning to organize this meeting for providing participants an opportunity to partake in an educational and research forum focused on exploring and promoting the latest advances in many specialties of Orthopaedics, particularly within the 10 member states of ASEAN. This demonstrates the determination to promote the best orthopaedic care for all people in this region unhindered by international boundaries.

The AEC would really open doors, create opportunities, and improve medical services in the ASEAN region, as same as the RCOST determination. I certainly believe that your participation in the RCOST 2015 Annual Meeting will gain the most update of knowledge, perception in new aspects of technology and innovation and have long lasting best memory from our well-prepared social activities.

Hopefully, you will give us a chance to welcome you all.

With best regards

Sukit Saengnipanthkul, MD,  
President of the RCOST  
Overall Chairman of the OC  
The 37<sup>th</sup> RCOST Annual Meeting

On the behalf of The Organizing Committee, it is my great pleasure and privilege to invite you to participate in the 37<sup>th</sup> Annual Meeting of Royal College of Orthopaedic Surgeons of Thailand (RCOST) which will be held from the 22<sup>nd</sup> to the 24<sup>th</sup> of October, 2015 at Pattaya Exhibit and Convention Hall (PEACH), Royal Cliff Hotels Group, Pattaya, Thailand.

The theme of this meeting is "Harmony of ASEAN Orthopaedics" in order to celebrate the ASEAN community 2015. In this year, all ten ASEAN countries, including Brunei, Cambodia, Indonesia, Laos, Malaysia, Myanmar, Philippines, Singapore, Thailand, and Vietnam will become one ASEAN community. Thus, in this meeting, it will be a great opportunity to gather ASEAN orthopedic speakers and participants to join this meeting in order to share our orthopedic knowledge and wisdom, and to continue several further collaborative orthopedic activities among ASEAN countries.

The scientific program has been well prepared to cover all update fields of orthopedics, including "what must know" & "what should know" for general orthopedic surgeons, issues related to daily orthopedic practice, state-of-the-art plenary lectures by international experts, current & recent knowledge in orthopedic subspecialties, symposia on important aspects of current clinical management, and several sessions of free papers. As this meeting is considered as one of large meetings in ASEAN region, with great support from international and local sponsors, several orthopedic implants & instruments and current orthopedic technologies will be presented in technical exhibit in order to provide you the most recent orthopedic advances in this year.

I could say that content of the meeting will provide you comprehensive take home messages into basic science, clinical daily practice and further researches. Once again, I would like to encourage you and welcome you to join this major ASEAN orthopaedic meeting in 2015.

With my best regards,

Aree Tanavalee, MD,  
Chairman of the OC  
The 37<sup>th</sup> RCOST Annual Meeting

Dear all participants from throughout ASEAN countries and around the world.

In the name of the scientific committee, I would like to welcome all of you, spouses and families to join the 37<sup>th</sup> RCOST meeting during 22-24 October 2015. ASEAN will be launching the three pillared ASEAN community by this year, and we are strengthening our affinity and becoming a real family of nations in the ASEAN Community. As any family would, ASEAN has had its share of internal and external challenges.

It is appropriate that the motto for this meeting highlights "Harmony of ASEAN Orthopaedics." We expect a lot of participants from ASEAN countries to attend this meeting. This year, there are a lot of changes in the meeting pattern. The "Thai ICL" started this year aiming for general orthopedists as well as the fourth year residents. The ICL begins its first day on Thursday 22 October. Only all day-participants will receive the hard copy of Thai ICL 2015 book for free of charge. The theme of this year meeting is "trauma". Nevertheless, you will find a vast majority of state-of-the-art topics in all subspecialty that match against your interesting fields, especially on "specialty day" Saturday 24 October. On Friday 23 October will be the keynote lectures, common interest topics from overseas guest speakers and expert members.

The scientific committee members are working considerably to arrange the scientific programs that will satisfy all of you. All interesting scientific papers are welcome to submit.

Again, I would like to welcome you to fully participate in these informative meeting. From this year and onward, you will get the CME credits from this congress meeting.

I am confident that your deliberations will contribute concrete strategies to our special event to showcase the richness and diversity of ASEAN Orthopaedics which can only be gained from our collective efforts and close collaboration.

Warm regards

Thipachart Punyaratabandhu, MD,  
Scientific chairman  
The 37<sup>th</sup> RCOST Annual Meeting