



68TH ANNUAL CONGRESS

GERIATRIC ORTHOPAEDICS: OVERCOMING CHALLENGES AND COMPLICATIONS



15-18 November 2017
EDSA Shangri-La Hotel
Mandaluyong City, Philippines
(+632) 930-5797/5766
<http://philortho.org>



PROGRAMME OF ACTIVITIES

NOVEMBER 15 (Wednesday)

7:30 REGISTRATION

WORKSHOP I: Percutaneous Laser Disc Decompression (*Kamia Room*)

Moderator/Emcee: Dr. Josh Matthew B. Rosales

- 09:00am Prayers/Invocation [Manuel Z. Sison]
Welcome Remarks [Bernard P. Antolin]
Introduction of Lecturer [Renan B. Abellera]
- 09:15 Lecture Introduction of Backpain & PLDD (Background & Principles)
[Jovito C. Lao]
- 09:45 Clinical/Video Presentation with demonstration techniques – PLDD
[Josh Matthew Rosales]
- 10:00 Hands-On Workshop Proper (using model mannequin & C- Arm) and
Demonstration of Laser
[Dr. Neilson G. Palabrica/Dr. Christopher C. Balaba/Giovani O. Abuso]
Closing Remarks [Jovito C. Lao]

WORKSHOP II: Triathlon Primary Knee System - Transmedic (*Palawan I*)

Speaker: Prof. Ross William Crawford

- 8:45 Registration & Introduction
- 9:10 Principles of TKR (Surgical procedures/Complications/Implant
Selection (PS/CR/TS))
- 10:00 Triathlon Discussion (Triathlon & the Single Radius/Instrumentation)
- 11:00 Demonstration & Hands on (Saw Bone)

11:00 Philippine Board of Orthopaedics Meeting (*Isla 3 Ballroom*)

SPECIAL SESSION: Philippine Hip & Knee Society Symposium (*Palawan 2 & 3*)

Moderator: Jose Fernando C. Syquia

- 9:00 DDH Surgery [William Joseph Maloney]
- 9:15 TKR for the Valgus Knee [William Joseph Maloney]
- 9:30 The Stiff Knee [William Joseph Maloney]
- 9:45 Kinematic Alignment in TKR [Yeo Seng Jin]
- 10:00 Open Forum
- 10:30 Regional Anesthesia and Pain Control after TKR [Christopher S. Mow]
- 10:45 Outpatient TKR [Christopher S. Mow]
- 11:00 Revision THA: tricks of the trade [Gregorio MS Azores]
- 11:15 Revision TKR: tricks of the trade [Yeo Seng Jin]
- 11:30 PHKS Meeting

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LUNCH SYMPOSIUM I : Johnson & Johnson [Isla 1 & 2]

- 12:00 Shaping the Future of Wound Closure in Orthopedic Surgeries
[Jose Antonio G. San Juan]

RESEARCH SESSION I (Kamia Room)

Moderator: Jesse James F. Exaltacion

- 1:00 Residents' Research Forum

2:00 Orientation of New Fellows (Palawan I)

Speaker: Edwin Jerd T. Siatan

ICL1: Philippine Orthopaedic Foot & Ankle Society (Palawan 1)

Moderators: Carlo Angelo V. Borbon & Jovito Ramil B. Paz

- 1:00 Lesser Toe and Bunionette [Kirby O. Lim]
1:15 Stress Fractures and Morton's Neuroma [Jose Carlos C. Estil, Jr.]
1:30 Hallux Rigidus and Turf Toe [Fernando A. Acance]
1:45 Hallux Valgus [Ai E. Gamboa]
2:00 Open Forum

ICL2: Philippine Musculoskeletal Tumor Society: Soft Tissue Sarcomas: Principles Evaluation and Management (Palawan 3)

Moderators: Albert Jerome C. Quintos/Melito Antonio P. Ramos

- 1:00 Recognition of STS: Evaluation and Diagnostic Modalities
[Czar Louie L. Gaston]
1:15 Principles of STS Surgery [Edward H.M. Wang]
1:30 Adjuvant Chemotherapy and Radiation Complications
[Judith Valerie M. Akol]
1:45 Diagnostic Approach and Treatment [Rafael S. Claudio]
2:00 Open Forum

ICL3: Philippine Orthopaedic Society for Sports Medicine: Patellofemoral Disorders (Palawan 2)

Moderators: Janis Ann F. Espino-De Vera

- 1:00 Anatomy and Biomechanics (Ai E. Gamboa)
1:15 Patellofemoral Syndromes (Erwin Brian L. Cantiller)
1:30 Instability (Raphael Angelo C. Jurilla)
1:45 Chondral Lesions (Lyndon L. Bathan)
2:00 Open Forum

3:00 OPENING CEREMONY

7:30 WELCOME RECEPTION

PROGRAMME OF ACTIVITIES

NOVEMBER 16 (Thursday)

INSTRUCTIONAL COURSE LECTURES (ICL)

ICL 4: **Philippine Society of Women Orthopaedic Surgeons Inc.** (*Palawan 1*)

Moderator: Janis Ann F. Espino-de Vera & Maria Adelwisa G. Belen

- 7:00 Peculiarities of the Female Anatomy [Rosalyn P. Flores]
- 7:20 Female Pediatric Orthopedic Disorders [Candice Elaine C. Lim]
- 7:40 Patellofemoral Pain Syndromes in the Female Population
[Angelo R. Leaño]
- 8:00 Open Forum

ICL 5: **Philippine Shoulder Society** (*Palawan 2*)

Moderator: Herminio R. Valenzuela, Jr.

- 7:00 Treatment Options in Rotator Cuff Tears - Partial Tears to Irreparable
[Jason Paul P. Santiago]
- 7:15 Biceps Tendon Pathologies - Ignore, Tenotomize or Tenodesis
[Jeremy James C. Munji]
- 7:30 Shoulder Arthroplasty for Acute Proximal Humerus Fractures
[Carlo Angelo V. Borbon]
- 7:45 Reverse Total Shoulder Arthroplasty [Jonathan C. Ronquillo]
- 8:00 Open Forum

RESEARCH SESSION II (*Palawan 3*)

- 7:00 Free Paper Presentations

PLENARY SESSION I: TWO WAYS TO SKIN THE CAT [Part I] (*Isla Ballroom*)

Moderators: Edwin Jerd T. Siatan & Jose Fernando C. Syquia

- 9:00 Orthogeriatrics: Is this a Different Ballgame? [Tak-Wing Lau]
- 9:20 Common Acetabular Fractures: What Can I Fix
[Maria Adelwisa G. Belen]
- 9:40 Acetabular Fractures for THA [Christopher S. Mow]
- 10:00 Femoral Neck Fractures in the Elderly: Fixation Still Works
[Manolito M. Flavier]
- 10:20 Femoral Neck Fractures in the Elderly: THA [William Joseph Maloney]
- 10:40 Genetically Modified Stem Cells in Bone Tissue Engineering
[Chang Yu Han]
- 10:55 Role of Antibiotic Loaded Bone Cement in Knee Periprosthetic Joint
Infection [Chang Yu Han]

11:10 Inova Video presentation

PROGRAMME OF ACTIVITIES

PLENARY SESSION II: TWO WAYS TO SKIN THE CAT [Part II] (*Isla Ballroom*)

Moderators: Ernesto C. Tenorio/Peter B. Bernardo

- 11:20 Peritrochanteric Fractures: Do Elderly Patients Deserve More? [Jerome Anthony S. Asuncion]
- 11:40 Peritrochanteric THA Works Better [Antonio N. Tanchuling, Jr.]
- 12:00 Subtrochanteric Fractures: Should We Fear the Atypical Fracture? [Tak-Wing Lau]

LUNCH SYMPOSIUM II: MSD (*Isla Ballroom*)

- 12:20 The Challenges in Battling Musculoskeletal Pain [Miles T. Dela Rosa]

SPECIAL SESSION II (*Isla Ballroom*)

- 1:20 PRC Symposium [Clarita C. Maaño]

SPECIAL SESSION III (*Palawan*)

- 1:20 Special Program for PBO Residents

2:20 POA ANNUAL BUSINESS MEETING (*Isla Ballroom*)

RESEARCH SESSION III (*Palawan II*)

- 4:00 Pediatric Orthopaedic Society of the Philippines: Interesting Case Presentations [Carlo Emmanuel Sumpaico]

ALUMNI NIGHT

NOVEMBER 17 (Friday)

INSTRUCTIONAL COURSE LECTURES (ICL)

ICL 6 PHILIPPINE ORTHOPAEDIC TRAUMA SOCIETY: Revisiting the Approaches to the Pelvis and Acetabulum (*Palawan II*)

Moderator: Joseph L. Lai

- 7:00 Anterior Surgical Approaches to the Acetabulum: Modified Stoppa vs. Ilioinguinal Approach [Irewin A. Tabu]
- 7:25 Posterior Approaches to the Pelvis and Acetabulum [Maria Adelwisa G. Belen]
- 7:50 Approaches for Femoral Head Fracture Fixation [Benjamin U. Chua III]
- 8:15 Open Forum

PROGRAMME OF ACTIVITIES

ICL 7 PHILIPPINE ORTHOPEDIC WOUND CARE AND DIABETIC LIMB SOCIETY (*Palawan I*)

- 7:00 Tips & Pearls in the Application of NPWT
[Jerome Anthony S. Asuncion]

PLENARY SESSION III: TWO WAYS TO DO IT [Part I] (*Isla Ballroom*)

Moderators: Reynaldo E. Ang & Andrew Gabriel J. Tabberrah

- 9:00 Fractures about the Knee: All can be Fixed! [Jean Pierre F. Leung]
9:20 Fractures about the Knee: Replacement works best [Yeo Seng Jin]
9:40 The Role of Stems in TKR in the Elderly [William Joseph Maloney]
10:00 Arthroplasty in the Old: To Cement or Not to Cement
[Sureshan Sivananthan]

10:20 iNova Pharmaceutical Video Presentation

PLENARY SESSION IV: TWO WAYS TO DO IT [Part II] (*Isla Ballroom*)

Moderators: Jose Antonio G. San Juan & William T. Lavadia

- 10:30 The Cemented Total Hip: From Primary to Revision
[Ross William Crawford]
10:50 The Role of Cement Augmentation in Fracture Fixation [Tak-Wing Lau]
11:10 Periprosthetic Hip Infections: How I Manage This
[Ross William Crawford]
11:30 Perioperative Medical Management for the Total Joint Patient
[Christopher S. Mow]
11:50 Role of Bisphosphonates after Total Joints & Fracture Fixation
[Sureshan Sivananthan]

LUNCH SYMPOSIUM II: Pfizer (*Isla Ballroom*)

- 12:10 Neuropathic Pain in Geriatric Orthopaedic Patients
[Jose Antonio G. San Juan]

PLENARY SESSION V: GERIATRIC ORTHOPAEDICS (*Isla Ballroom*)

Moderators: Jose Maria R. Coruña & Virginia C. Cabling

- 1:10 Pain Management in the Elderly [Maria Lilybeth R. Tanchoco]
1:30 Saving the Life of Geriatric Orthopedic Patients [Peñafrancia C. Cano]
1:50 Role of Rehab in Degenerative Joint Management
[Mary Jeanne O. Flordelis]
2:10 Open Forum

PROGRAMME OF ACTIVITIES

PLENARY SESSION VI: ASSOCIATION OF HAND SURGEONS OF THE PHILIPPINES (*Isla Ballroom*)

Moderators: Emmanuel P. Estrella & Frederic A. Montaña

- 2:15 Basal Thumb Arthritis: Current Diagnosis and Treatment [Henry M. Calleja]
- 2:35 Post-traumatic Arthritis of the Wrist [John Hubert C. Pua]
- 2:55 The Management of Different Arthritidis of the Hand [Nathaniel S. Orillaza, Jr.]
- 3:15 Open Forum

SPECIAL SESSION IV: PHILIPPINE SOCIETY OF WOMEN ORTHOPAEDIC SURGEONS, INC.

- 3:00 Coffee break
- 3:45 Power Dressing [Geraldine Zamora-Racaza]
- 4:15 Make Up Tips [Aileen de Leon]
- 4:45 Basic Skin Care [Christine Pearl Aranadia]
- 5:15 Break Out

PLENARY SESSION VII: Philippine Spine Society (*Isla Ballroom*)

Moderators: Jose Martin S. Paisy & Adrian B. Catbagan

- 3:25 Fixation in the Osteoporotic Spine (Rafael C. Bundoc)
- 3:40 Cement Augmentation in Osteoporotic Fractures and other Spinal Pathologies (Jose Manuel F. Ignacio)
- 3:55 Decompression for Lumbar Stenosis: When is Fusion Indicated (Paul Julius A. Medina)
- 4:10 Less is More: Minimally Invasive Solutions for Degenerative Lumbar Spondylosis (Samuel Arsenio S. Grozman)
- 4:35 Cervical Spondylotic Myelopathy: When is Laminoplasty NOT Indicated (Franklin M. Dizon III)
- 4:50 The Degenerative Cascade of Kirkaldy Willis Revisited (Ronald B. Pidlaoan)
- 5:15 Open Forum

6:30 CONGRESS BANQUET [*Isla Ballroom*]

PROGRAMME OF ACTIVITIES

NOVEMBER 18 (Saturday)

PLENARY SESSION VIII: OSTEOPOROSIS (Isla Ballroom)

Moderators: Jesse James F. Exaltacion/Justinian Aquilino Ll Pimentel III

- 8:30 Fracture Liaison Service [Arturo C. Cañete]
- 8:50 Bone Densitometry Service: Enhancing Practice [Julie T. Li-Yu]
- 9:10 Emerging Concepts in Osteoporosis; Challenges and Issues
[Miles T. Dela Rosa]
- 9:30 Open Forum/Snacks

PLENARY SESSION IX: PHILIPPINE ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE (Isla Ballroom)

Moderators: Janis Ann F. Espino De Vera & Jose Antonio G. San Juan

- 9:45 The Ageing Knee [James Loh]
- 10:05 The Old Problem of MLIK: What we can improve on [James Loh]
- 10:25 Arthroscopic Washing: Why we do it? [Erwin Brian L. Cantiller]
- 10:45 Outcomes of PRP [Edgar Michael T. Eufemio]
- 11:05 Open Forum

11:30 Closing Ceremonies

REGISTRATION

ONLINE REGISTRATION: Visit <http://philortho.org/>

RATES:

	ONLINE	ONSITE
FELLOWS	P 3,000	P 3,500
NON-FELLOWS	P 4,000	P 4,500
RESIDENTS	P 1,500	P 1,500
ALLIED MEDICAL	P 1,500	P 1,500
ACCOMPANYING PERSON/S	P 1,500	P 1,500
FOREIGN	US\$ 300	US\$ 350
FOREIGN: ACCOMPANYING	US\$ 100	US\$ 100