

# Exeter Hip Course Malaysia 2023 (Level 1)

## Sawbones Workshop

### Program:

Time	Topics	Faculty
<b>DAY 1: Tuesday, 25 Jul 2023</b>		
08:30 – 09:00	Registration	ALL
09:00 – 09:05	Welcome Address	Prof Dr Azlina Abbas
09:05 – 09:15	Review of Course Objectives & Aims	Dr Veenesh Selvaratnam
09:15 – 09:45	History & Indications of the Exeter Stem	Dr Veenesh Selvaratnam
09:45 – 10:00	Bone Cement: Back to Basics	Dr Chua Hwa Sen
10:00 – 10:15	Tea Break	
10:15 – 11:00	Exeter Method for Preoperative Planning (lecture+demo)	Dr Jeffrey Jaya Raj
11:00 – 12:30	<b>Workshop:</b> Templating Exercise - Simple primary	ALL
12:30 – 13:00	<b>Activity Group:</b> Femur Preparation (Dr Kunalan A/L Ganthel)/ Acetabulum Preparation (Dr Jeffrey Jaya Raj) / Cementing (Dr Chua Hwa Sen) / Approach (Prof. Dr. Azhar M. Merican)	
13:00 – 14:00	Lunch	
14:00 – 15:00	<b>Activity Group:</b> Presentation & Discussion	ALL
15:00 – 15:15	Anatomical Restoration in THR	Dr Chua Hwa Sen
15:15 – 15:30	Preventing Dislocation	Prof. Dr. Azhar M. Merican
15:30 – 15:45	Choosing a Cup: Cemented vs Cementless	Dr Kunalan A/L Ganthel
15:45 – 17:15	Case Discussion and Take Home Message	Prof. Dr. Azhar M. Merican/ Dr Veenesh Selvaratnam
17:15 – 17:30	Group Photo & Tea Break	ALL
18:30 – 21:00	Course Dinner	ALL
<b>DAY 2: Wednesday, 26 Jul 2023</b>		
09:00 – 09:15	Day 2: Review of Course Objectives & Aims	Dr Veenesh Selvaratnam
09:15 – 09:30	NOF & Cement Safety	Dr Kunalan A/L Ganthel
09:30 – 09:45	Cementing Technique (Femur and Acetabulum)	Dr Jeffrey Jaya Raj
09:45 – 10:00	Tips & Tricks from the Expert	Prof. Dr. Azhar M. Merican
10:00 – 11:30	<b>Demonstration: Acetabular Group A to D: Acetabular Workshop</b>	Dr Chua Hwa Sen All
11:30 – 11:45	Tea Break	
11:45 – 13:00	<b>Demonstration: Femoral Group A to D: Femoral Workshop</b>	Prof. Dr. Azhar M. Merican ALL
13:00 – 13:30	Summary & Close	Dr Veenesh Selvaratnam
13:30	Lunch	All

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**Date : 25-26 Jul 2023, Tuesday & Wednesday**

**Venue : Makmal Simulasi Bedah,  
Fakulti Perubatan, University of Malaya**

## Course objective

- To learn the basic science and surgical techniques that underpin the performance of a successful total hip replacement (THR) and will examine the evidence of underlying surgical practice

## Length & Type of Course

- 1.5 days of lectures, small group discussion & hands-on activities

### Course Chairman:



**Dr Veenesh Selvaratnam**  
Universiti Malaya Medical Centre  
Kuala Lumpur, Malaysia

### Head of Arthroplasty Unit:



**Prof Dr Azlina Abbas**  
Universiti Malaya Medical Centre  
Kuala Lumpur, Malaysia

### Faculties:



**Prof Azhar Mahmood Merican**  
ALTY Hospital



**Dr Chua Hwa Sen**  
Sunway Medical Centre  
Selangor



**Dr Kunalan A/L Ganthel**  
Hospital Kuala Lumpur  
Kuala Lumpur



**Dr Jeffrey Jaya Raj**  
Hospital Kuala Lumpur  
Kuala Lumpur

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## I'm interested! How do I register?

Kindly **REGISTER NOW** by clicking **HERE**.  
**Registration deadline: 1<sup>st</sup> April 2023**

Registration Fee: RM150\*

\*All registration submission will be reviewed with only 24 participants to be accepted for the course, upon final selection by the organizing committee.

Upon successful selection, you will be informed via a CONFIRMATION EMAIL after 15 April 2023. Please **ONLY MAKE** payment for the registration fee after receiving the confirmation email, all payment must be made by 1 May 2023.

### **BANKING DETAILS:**

Payable to Yayasan Ortopedik  
Maybank Account Name: Yayasan Ortopedik  
Account No.: 5143-5671-4257  
Payment Reference: UMMCExeterM

Please provide bank-in/ payment slip or payment details to the email:  
[ummc.exeter@gmail.com](mailto:ummc.exeter@gmail.com)

For any enquiries, please kindly reach out to us at the email:  
[ummc.exeter@gmail.com](mailto:ummc.exeter@gmail.com)