# 6th BASIC KNEE ARTHROSCOPY AND REHABILITATION WORKSHOP 2018

Final Announcement

Date: 7th—9th April 2018 Venue: Grand Season Hotel

Who Should Attend: Orthopaedics Surgeons Sports Physician Masters Students



Who Should Attend? Allied Health OT Personnels Physiotherapists















# Organized by:

Arthroscopy and Sports Injury Unit, Dept of Orthopaedics and Traumatology, Hospital Kuala Lumpur



### **REGISTRATION FEE:**

PACKAGE A (GOVERNMENT)						
DOCTOR (SURGEON)	ALLIED HEALTH/ ORP					
Lecture + Dry Workshop + Live Surgery	Lecture + Dry Workshop + Live Surgery					

PACKAGE B (	GOVERNMENT)				
DOCTOR	ALLIED HEALTH/				
	SUPPORT PERSONNEL				
Lecture + Rehabilitation	Lecture + Rehabilitation				
Workshop + MSK Ultra	Workshop + MSK Ultra				
Sound	Sound				
RM 1500	RM 600				
	RM500 (Masters students)				

PACKAGE C ( PRIVATE)					
DOCTOR (SURGEON)	ALLIED HEALTH/ ORP				
Lecture + Dry Workshop + Live Surgery	Lecture + Dry Workshop + Live Surgery				
RM 2000	RM 900				

PACKAGE D ( PRIVATE)						
DOCTOR	ALLIED HEALTH /					
	SUPPORT PERSONNEL					
Lecture + Rehabilitation	Lecture + Rehabilitation					
Workshop + MSK Ultra	Workshop + MSK Ultra					
Sound	Sound					
RM 2000	RM 900					

PACKAGE E (NON MALAYSIAN)					
DOCTOR	ALLIED HEALTH / SUPPORT PERSONNEL				
RM 3000	RM 1500				

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E-MAIL:....

PACKAGE: A / B/C/D/E

PAYMENT MODE : LPO /CHECK / CASH / BANK IN

asiuhkl18@gmail.com BEFORE 20TH MARCH 2018.

PAYMENT MADE PAYABLE TO: MD CME ASIA SDN BHD (NASMS) : 514253522049 (MAYBANK) ACCOUNT NUMBER

Conference Secretariat:

Arthroscopy & Sports Injury Unit (ASIU) Hospital Kuala Lumpur Medical Conference Partners







## 6th BASIC KNEE ARTHROSCOPY & REHABILITATION WORKSHOP



DATE: 7th — 9th APRIL 2018

Venue:

**GRAND SEASONS HOTEL & SPECIALISTS COMPLEX &** AMBULATORY CARE CENTRE

(SCACC) **HOSPITAL KUALA LUMPUR** 

WHO SHOULD ATTEND?

- ORTHOPAEDIC SURGEON
- SPORTS PHYSICIAN
- ALLIED HEALTH
- OT PERSONNEL
- MASTERS STUDENTS

(ORTHO & SPORTS MEDICINE)

### CONTACT DETAIL:

- DR KHAIRULLINA 019-2792109
- PPP MOHD NAJIB 017-7153954
- KJ NORZEHAN 0166824440

# $6^{TH}$ BASIC KNEE ARTHROSCOPY AND REHABILITATION WORKSHOP 2018

 $Day \ 1 \quad : \quad \quad 7^{th} \ APRIL \ 2018, Saturday$ 

Venue : Grand Seasons Hotel, Kuala Lumpur

TIME	TOPIC						
0800-0845	Registration						
0845-0900	Opening Ceremony						
0900-0920	Lecture 1 : Arthroscopic Anatomy of The Knee						
0920-0940		atomy & Biomechan	ic of ACL				
0940-1000	Lecture 3 : MI	RI of Knee					
1000-1015	Q & A						
1015-1030	Photo Session						
1030-1100	Tea Break						
1100-1120	Lecture 4 : De	cision making in AC	L deficient knee				
1120-1140	Lecture 5 : Gr	aft Choices and Meth	nods of Fixation				
1140-1200	Lecture 6 : Me	eniscus Anatomy and	d Biomechanics				
1200-1220	Lecture 7 : Me	eniscus Healing and l	Repair				
1220-1240		rtilage Injury - Anat odalities	omy & Treatment				
1240-1300	Q & A						
1300-1400	Lunch Talk by	PRIMO					
	Avenue 10	Avenue 11	Avenue 9				
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	Surgeon	Paramedic	Sports Medicine				
1400-1500	Dry work- shop 1: Meniscus repair – all inside	Workshop 1: A) Introduction to Arthroscopy B) Maintenance Of Arthroscopy Equipment and instruments.	Ultrasound Workshop Session 1 Injury Screening and Management Strategy of Knee Injury.				
1400-1500 1500-1540	Dry work- shop 1: Meniscus repair – all	Workshop 1: A) Introduction to Arthroscopy B) Maintenance Of Arthroscopy Equipment and	Ultrasound Workshop Session 1 Injury Screening and Manage- ment Strategy of				
	Dry work- shop 1: Meniscus repair – all inside  Dry work- shop 2: Meniscus repair – in-	Workshop 1: A) Introduction to Arthroscopy B) Maintenance Of Arthroscopy Equipment and instruments.  Workshop 2:	Ultrasound Workshop Session 1 Injury Screening and Management Strategy of Knee Injury. Common knee diagnosis and decision making. Application for MSK USG evaluation of knee. Hands on				
1500-1540	Dry work- shop 1: Meniscus repair – all inside  Dry work- shop 2: Meniscus repair – in- side out	Workshop 1: A) Introduction to Arthroscopy B) Maintenance Of Arthroscopy Equipment and instruments.  Workshop 2:	Ultrasound Workshop Session 1 Injury Screening and Management Strategy of Knee Injury. Common knee diagnosis and decision making. Application for MSK USG evaluation of knee.				

# $6^{TH}$ BASIC KNEE ARTHROSCOPY AND REHABILITATION WORKSHOP 2018

Day 2 : 8<sup>th</sup> APRIL 2018, Sunday

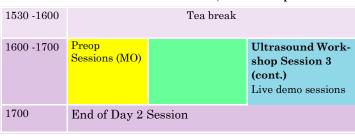
Venue : Grand Seasons Hotel, Kuala Lumpur

Venue	: Grand Seasons Hotel, Kuala Lumpur							
TIME	Avenue 10	Avenue 11	Avenue 9					
0800-	Surgeon	Paramedic	Sports Medicine					
0830	Lecture 9: Principles of ACL Reconstruction	Lecture 12: Sports Paramedic As A Career	Ultrasound Workshop Session 2: Injury Screening and Management					
0830- 0900	Lecture 10: Anatomical ACL Reconstruction: Surgical tech- nique	Practical hands on session: Acute physio management post ACL reconstruction	Strategy of Shoulder Injury Evidence-based use of PRP of the shoulder. Common shoulder diagnosis &					
0900- 0930	Lecture 11: Managing compli- cations of ACL Reconstruction	Practical hands on session: Acute physio management post meniscus repair	decision making Application for MSK USG valuation of shoulder					
1000 - 1030		Tea break						
1030- 1300	Dry Workshop 4: ACL recon (Hamstring)	Workshop 3:  ACL Recon –Step By Step	Ultrasound Workshop Session 2 (cont.) Hands on sessions Common pitfalls in shoulder rehabilitation					
1300- 1400	Lunch Talk	by PFIZER & BTL (	M) SDN BHD					
1400- 1530	Dry Workshop 5:  ACL Recon (BPTB)	PCL POP with PTS -How to do it right	Ultrasound Workshop Session 3: Interventional MSK Ultrasonography Evidence-based of US guided injectionis it worth? Principles of MSK US-guided injection & common pitfalls Live demo sessions					

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Day 2 : 8th APRIL 2018, Sunday

Venue : Grand Seasons Hotel, Kuala Lumpur



# $6^{TH}$ BASIC KNEE ARTHROSCOPY AND REHABILITATION WORKSHOP 2018

Day 3: 9th APRIL 2018, Monday

### SPORTS MEDICINE DELEGATES Venue: Grand Seasons Hotel, Kuala Lumpur

Time	Venue 9, Level 1, Grand Season Hotel, Kuala Lumpur
0900-0930	Myofascial Trigger Points
0930-1000	Concept & Application of Dry Needling in Pain
	Management
1000-1030	Tea Break
1030-1230	Demonstration of dry needling & practical sessions
1230-1300	Closing ceremony and presentation of certificates
1300-1400	Lunch
1400	End of Day 3 Session

### SPORTS SURGERY DELEGATES

### Venue: Level 8, SCACC, Hospital Kuala Lumpur

Daycare OT, Level 8,SCACC, Hospital Kuala Lumpur							
Surgeon	Surgeon Paramedics						
Cases	1 to 6						
LUNCH							
	Borron						
Cases	7 - 12						
End of Course							
	Surgeon  Cases  LUN  Cases						