

BORNEO ARTHROSCOPIC COURSE 2020:

THE BASIC KNOWLEDGE OF KNEE ARTHROSCOPY



CONTACT US

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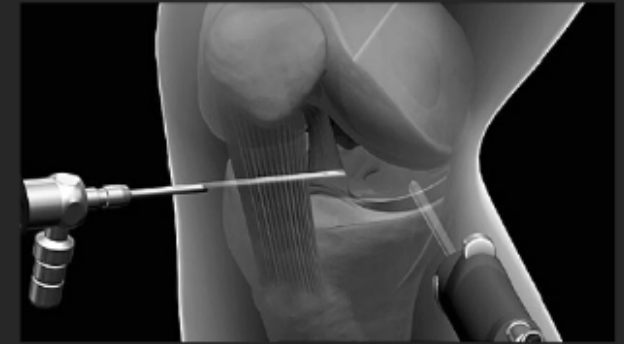
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**23RD TO 24TH
FEBRUARY 2020**

**PUSTAKA MIRI
AND MIRI
GENERAL
HOSPITAL**



FEES

SURGEON | RM 800

WITH LIVE SURGERY

MASTERS STUDENT/ MO

LIVE SURGERY | RM 500

WITHOUT LIVE SURGERY | RM 250

PARAMEDICS | RM 150

NO LIVE SURGERY



BASIC KNOWLEDGE OF ARTHROSCOPY

OUR PURPOSE

To provide training in basic principle of knee arthroscopy and operative procedure for knee instability.

OUR OBJECTIVES

To identify risk factor and mechanism of knee instability.

To diagnose knee instability by history and clinical examination.

To understand radiological findings associated with knee instability and indications of imaging.

To understand the management options - conservative, rehabilitation and surgical procedure.

ATTENDEE

Orthopedic surgeons
Masters student
Medical officer
Medical assistant
Nurses
Physiotherapist

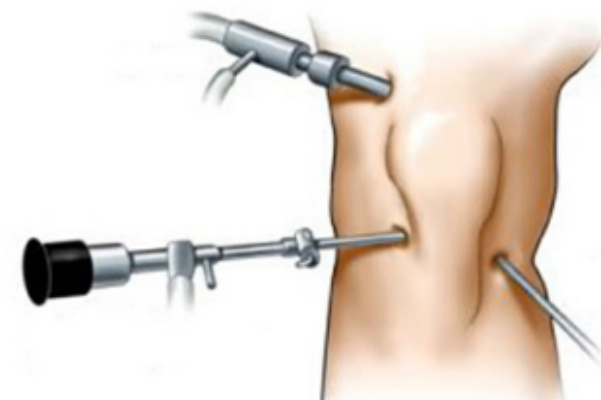
**DAY 1 : 23/02/2020,
SATURDAY
VENUE : PUSTAKA MIRI**

TIME	TOPIC
0800 - 0815	Registration
0815 - 0830	Opening ceremony Speech by Organizing Chairperson Speech by HOD Orthopaedic Miri
0830 - 0840	Photo session
0840 - 0900	Lecture 1 : Anatomy and biomechanics of ACL
0900 - 0920	Lecture 2 : Decision making in ACL deficient knee
0920 - 0940	Lecture 3 : Graft fixation methods
0940 - 1000	Lecture 4 : Complications of ACL reconstructions
1000 - 1020	Lecture 5 : Surgical technique : tips and pearls of ACL reconstructions
1020 - 1030	Q&A
1030 - 1100	Tea break
1100 - 1120	Lecture 6 : Meniscus : anatomy and biomechanics
1120 - 1140	Lecture 7 : Meniscus : types of injury and fixation method
1140 - 1200	Lecture 8 : Cartilage injury – what to do?
1200 - 1220	Lecture 9 : Post operative rehabilitation
1220 - 1230	Q&A
1230 - 1330	Lunch
Dry workshop	
1330 - 1500	Surgeon 1 MO 1 Paramedics 1
1500 - 1630	Surgeon 2 MO 2 Paramedics 2
1630 - 1700	Tea break
1700	End of Day 1

Station	Topics
Paramedic 1	Surgical instruments for ACL reconstruction
Paramedic 2	Graft preparation
MO 1	Graft preparation
MO 2	Dry scope and ACL (Hamstring)
Surgeon 1	Dry scope and ACL (Hamstring)
Surgeon 2	Meniscus repair outside-in, inside-out and all inside

**DAY 2 : 24/02/2020,
SUNDAY
VENUE : MIRI GH OT5**

TIME	Arthroscopy surgery	Surgeon
0800 - 1100	Case 1	TBC
1100 - 1400	Case 2	TBC
1400 - 1700	Case 3	TBC



REGISTRATION

BORNEO ARTHROSCOPIC COURSE 2020

I WOULD LIKE TO REGISTER FOR FOLLOWING BORNEO
ARTHROSCOPIC COURSE 2020. ENCLOSED IS THE
REGISTRATION FORM AND CHEQUE (MADE PAYABLE
TO 'PERSATUAN PASCASISWAZAH HOSPITAL MIRI' ,
ISLAMIC BANK : 11022010045758)

NAME :

IC :

HOSPITAL :

DEPARTMENT :

MOBILE PHONE :